

# StudySkills Seminars

*All seminars are held in Kennedy Library – Room 202*

*Seminars last 50 minutes ~ space available for 35 ~ no reservation needed*

## Winter Quarter 2010

Date	Day	Time	Seminar	Presenter
<b>WEEK 3</b>				
Jan 18	Monday	—	Academic Holiday	—
Jan 19	Tuesday	2:10 PM	Time Management	Clark
Jan 19	Tuesday	4:10 PM	Stress Management: Part 1	Peracca
Jan 20	Wednesday	10:10 AM	Memory Skills	Sydnor
Jan 21	Thursday	11:10 AM	Procrastination	Sydnor
Jan 22	Friday	11:10 AM	Learning Styles	Clark
<b>WEEK 4</b>				
Jan 25	Monday	3:10 PM	Textbook Reading	Clark
Jan 25	Monday	4:10 PM	Stress Management: Part 2	Peracca
Jan 26	Tuesday	10:10 AM	Test Preparation	Sydnor
Jan 27	Wednesday	9:10 AM	Reading Rate Improvement	Sydnor
Jan 28	Thursday	2:10 PM	Note Taking	Clark
Jan 29	Friday	8:10 AM	Time Management	Sydnor
<b>WEEK 5</b>				
Feb 1	Monday	9:10 AM	Note Taking	Sydnor
Feb 2	Tuesday	8:10 AM	Test Preparation	Clark
Feb 2	Tuesday	3:10 PM	Stress Management: Part 1	Peracca
Feb 3	Wednesday	2:10 PM	Textbook Reading	Sydnor
Feb 4	Thursday	11:10 AM	Test Preparation	Sydnor
Feb 5	Friday	11:10 AM	Memory Skills	Clark
<b>WEEK 6</b>				
Feb 8	Monday	10:10 AM	Reading Rate Improvement	Sydnor
Feb 9	Tuesday	4:10 PM	Learning Styles	Clark
Feb 9	Tuesday	3:10 PM	Stress Management: Part 2	Peracca
Feb 10	Wednesday	9:10 AM	Procrastination	Sydnor
Feb 11	Thursday	1:10 PM	Time Management	Clark
Feb 12	Friday	9:10 AM	Memory Skills	Sydnor

