

ADDITIONAL STUDY SKILLS RESOURCES

The following are study skills resources found at other universities and learning centers throughout the United States.

LEARNING STYLES

1. <http://people.usd.edu/~bwjames/tut/learning-style/>
“What’s YOUR learning style?” is an interactive questionnaire adapted from **Instructor Magazine**. It includes a 16 question assessment to help you personally determine your learning style. The results of the assessment then go on to differentiate between auditory, visual, and kinesthetic learning styles.
2. <http://success.oregonstate.edu/learning-styles>
This resource page was taken from the **Academic Success Center at Washington State University**. It describes the ways to assess your own learning style and how to study according to your learning style preference.
3. <http://www.engr.ncsu.edu/learningstyles/ilsweb.html>
“**Index of Learning Styles Questionnaire**” is a 44 question quiz from **North Carolina State University**. Containing questions regarding personality traits and tendencies, it helps in determining which learning style most adequately suits your needs.

MEMORY

1. <http://www.stateuniversity.com/blog/permalink/Make-the-Grade-with-These-Memory-Tricks-and-Tips.html>
“**Make the Grade with These Memory Tricks and Tips**” is an article derived from **Arizona State University**. Through the inclusion of a variety of useful, concise and straightforward tips, this is a great resource on how to remember and recall information learned in class.
2. <http://academic.cuesta.edu/acasupp/as/209.HTM>
Taken from **Cuesta College**, this article incorporates important **memory tips and test taking strategies**. Categorizing strategies assists in differentiating alternate ways to remember and recall. Students gain a sense of certain habits and practices to avoid through the inclusion of a list of the top four ways students confuse information while recalling.

NOTE TAKING

1. <http://www.academictips.org/acad/literature/notetaking.html>
Academic Tips regarding note taking techniques help discern which form of note taking is best adapted to each style of learning.
2. <http://www.dartmouth.edu/~acskills/success/notes.html>
“Classes: Note-taking, Listening, Participating,” taken from the **Academic Skills Center at Dartmouth College**, includes helpful and informative handouts and videos regarding note-taking and making the most from time in class.
3. http://www.stanford.edu/dept/undergrad/cgi-bin/drupal_ual/sites/default/files/common/docs/ctl_notetaking.pdf
The Academic Skills Center at Stanford University contains a document that is an evaluation of current note-taking strategies. This evaluation leads to ways to improve upon or modify these strategies currently in use.

PROCRASTINATION

1. <http://ub-counseling.buffalo.edu/stressprocrast.php>
“Overcoming Procrastination” is an article produced by the **University of Buffalo** that details why students procrastinate and how to overcome procrastination.
2. <http://www.collegetidbits.com/college-life/College-Life-How-to-Avoid-the-Procrastination-Trap-in-College.html>
“How to Avoid the Procrastination Trap in College” is a guide that explores the reasons why students procrastinate. This article also offers advice on the realistic ways to overcome procrastination.

TEST PREPARATION

1. <http://www.muskingum.edu/~cal/database/general/testprepc.html>
The **“Learning Strategies Database” at Muskingum College** includes a list of questions to ask yourself before you begin preparing for an exam. Also, there are tips on how to effectively write, record and answer practice problems for your own benefit.
2. <http://www.alamo.edu/sac/history/keller/ACCDitg/SSTP.htm>
This page was taken from an article regarding **“Strategies for Test Taking” at Alamo Colleges**. It contains detailed steps involving what to study, how to study, taking a test, and what to do after a test.
3. <http://www.douglas.bc.ca/~shared/mm/learningcentre/great-study-techniques/>

Douglas College presents an interactive slide show entitled **“Great Study Techniques.”** Its simplicity magnifies the value of the different tips regarding adequate test preparation.

TEXTBOOK PROCESSING

1. http://www.sarc.sdes.ucf.edu/documents/learning_skills/textbooks/Why_SQ3R_Works.pdf
“Student Academic Resource Center” at the University of Central Florida contains an article that lends information on the SQ3R Method: survey, question, read, recite and review. Each step is described in detail to enhance reading and study methods.
2. <http://www2.scholastic.com/browse/article.jsp?id=4006>
“No Pain, High Gain,” written by Professor Nell K. Duke from Michigan State University, is an article that summarizes strategies for reading comprehension and problem solving math equations quickly. Also included at the bottom of the article are tips for combatting stress.
3. <http://academic.cuesta.edu/acasupp/AS/609.htm>
The Academic Support Center at Cuesta College contains an article entitled **“Maximize Comprehension by Marking Your Texts.”** It contains helpful information on how to effectively highlight a text in order to maximally understand and comprehend the material

TIME MANAGEMENT

1. http://tlc.uoregon.edu/learningservices/studyskills/time_management.html
The **Teaching and Learning Center at the University of Oregon** gives a concise, easy to read, article on time management skills. It also has helpful PDF files attached that include short term and long term calendars in order to effectively plan and prepare your time with maximal efficiency.
2. <http://gwired.gwu.edu/counsel/asc/merlin-cgi/p/downloadFile/d/6019/n/off/other/1/name/identifypdf/>
This is a simple and helpful PDF file taken from **George Washington University** that aids in identifying all activities that need to be performed daily or weekly and the amount of time they are estimated to take. Giving students a realistic view of the amount of time

they have during the day aids them in performing necessary tasks as well as prioritizing these tasks.

GENERAL STUDY SKILLS IMPROVEMENT DATABASES

1. <http://gwired.gwu.edu/counsel/asc/Youvedecidedtoimproveyourstudyhabits/>
“**The Academic Success Center,**” produced by **George Washington University**, is a database of compiled articles to help enhance all areas of study skill habits. It includes articles ranging from organizational techniques to study efficiency and managing stress.
2. <http://www.dartmouth.edu/~acskills/success/>
“**Learning Strategies Inventories: Assess How You Learn,**” was taken from the **Academic Skills Center at Dartmouth College**. It is a collection of articles regarding different aspects of study skills. It also includes handouts, video formats, tutorials and other helpful links as a secondary resource.

WRITING SKILLS

1. <http://owl.english.purdue.edu/owl/resource/679/01/>
The **Purdue Online Writing Lab** website taken from **Purdue University** provides many sources and offers a library of comprehensive articles on writing skills including the writing process, rhetoric and logic, different kinds of essay genres, style and language, and citation.